



## Brief Intervention Educator Training

Brief intervention educator training is a nationally recognised and evaluated course developed by Quit Victoria. The course is administered by The Cancer Council Western Australia in this State. The Cancer Council WA trains and accredits suitable health professionals to train staff in their workplace in the delivery of brief advice on smoking cessation to clients seeking help to quit.

### Course Details

The course is conducted over one-day and covers the health effects of smoking and nicotine addiction, smoking cessation theory, motivational interviewing techniques and content and delivery of the brief intervention course.

### Who should train?

This course is designed for health professionals or professional development officers with designated responsibility for training staff in the delivery of brief intervention smoking cessation advice. Once trained, participants can offer brief intervention courses to staff of their service.

Relevant experience, in an education or health-related setting, is a prerequisite for undertaking the training and experience of group teaching methods is desirable.

It is important that applicants share a commitment to the health promotion goals and values of the Cancer Council WA. Therefore, brief intervention educators may be either ex-smokers or 'never smokers'. Quitting smoking can be difficult and research has shown that most people make a number of attempts before quitting successfully. For this reason, we require that applicants have not smoked for at least six months, or ideally twelve months: this is the best indicator that the person is a non-smoker and less likely to relapse.

## Date & Venue

Dates: To Be Advised ( Contact Coordinator )

Time: 9.00am—4.00pm

Venue: Seminar Room, 1st Floor

The Cancer Council Western Australia

46 Ventnor St

West Perth

Cost: \$100 (includes lunch )

Parking: Street Parking available at \$2.00 an hour

Red Cat Bus stops at Outram St West Perth

## Applications

To apply, complete the enclosed application form and return by mail or fax to:

The Cancer Council Western Australia

46 Ventnor Avenue

WEST PERTH WA 6005

Fax: 9212 4399

**NB: Payments to be processed on confirmation of minimum numbers for training.**

For more information, contact Amanda Siebert, Coordinator *Fresh Start* on 9212 4307.

**Applications close 2008**



***Fresh Start* Brief Intervention Educator Training**

NAME: \_\_\_\_\_  
ORGANISATION: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
P/CODE: \_\_\_\_\_  
OCCUPATION: \_\_\_\_\_  
TELEPHONE: \_\_\_\_\_  
EMAIL: \_\_\_\_\_  
SPECIAL DIETARY REQUIRMENTS: \_\_\_\_\_  
SMOKING STATUS (PLEASE REFER TO THE TRAINING INFORMATION)  
SMOKER /NEVER SMOKER /EX-SMOKER DATE QUIT: \_\_\_\_\_  
Payment option: Visa/ cash/ cheque/ money order/purchase order number \_\_\_\_\_

1. Please describe your current role as it relates to smoking cessation.

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\_\_\_\_\_  
\_\_\_\_\_

2. Why would you like to become a Brief Intervention Educator?

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\_\_\_\_\_  
\_\_\_\_\_

3. Please outline qualifications and experience (e.g. in education or health settings) relevant to the requirements of the training.

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\_\_\_\_\_  
\_\_\_\_\_

4. Do you have experience in delivering training?    **YES**        **NO**

5. How do you plan to conduct brief intervention training (include number of planned courses, venues you will use and groups with whom you may work)?

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