Quality Improvement resource for GPs

_The RACGP Standards for general practices_ (4th edition) (the Standards) describes Quality Improvement as an activity undertaken within a general practice where the primary purpose is to monitor, evaluate or improve the quality of health care delivered by the practice (RACGP standards for general practices 4th edition). The Standards recommend practices engage in quality improvement activities that review structures, systems and processes to aid the identification of required changes to increase the quality of healthcare delivery and safety of patients.

Quality improvement is the process where an opportunity to change practices occurs as a result of learning. Professional advice and a growing body of evidence demonstrate quality improvement activities lead to positive change in practices, particularly when involving a whole practice team approach.

GPs must undertake at least one Quality Improvement (QI) activity during the 2014-16 triennium.

This activity may be
- chosen from the suite of RACGP inherent QI activities, or
- developed by an Accredited Provider, or
- identified by the quality improvement reflection

All education has the potential to meet the QI requirement; some activities are recognised as being inherently QI.

Activities the College recognises as inherently QI are:

- Supervised clinical attachment (SCA)
- Plan, do, study, act (PDSA)
- Clinical audit
- GP research
- Evidence based medicine journal club (EBMJC)
- Small group learning (SGL).

The Quality improvement reflection encourages self reflection of completed Category 1 activities (such as Provider ALMs) where Quality improvement is identified as part of the learning process. GPs may have conducted a review of clinical outcomes, case reviews and evaluation of impact to identify that Quality improvement has occurred within the GP’s individual practice.

The GP is encouraged to document and demonstrate, via the quality improvement reflection, applied knowledge or change in behaviour as a result of a particular learning activity. This activity can be repeated throughout the triennium in order to document the ongoing changes as a result of a learning activity.

1. Login and navigate to “My CPD” and select “submit a self directed activity”
2. Select “Quality Improvement reflection”

Select ALM from drop down list

Complete the 3 reflective questions

3. Identify the ALM you have completed from the drop down list and complete the 3 reflective questions. Click submit to be allocated 5 Category 2 points.

Once the QI reflective questions have been submitted, the GP will be allocated 5 Category 2 points and will meet their QI requirement for this current triennium. GPs may submit as many QI reflections as they choose, however point allocation is capped at 15 points.