

# INTERNATIONAL SPEAKER

Dr Christina Puchalski



## Integrating Spirituality into Palliative Care From Diagnosis to Reflection

### Date

Wed 23 May

### Time

Registration 8.45am  
9am-4pm

### Venue

*Boulevard Centre*  
99 The Boulevard  
FLOREAT

### Catering

Morning tea and lunch  
provided

### Cost

\$95 (inc GST)

### Online Registration

<https://dr-christina-puchalski-23-may-2018.eventbrite.com.au>

For enquiries contact the  
Palliative and Supportive Care  
Education team at  
[pasce@cancerwa.asn.au](mailto:pasce@cancerwa.asn.au) or call  
(08) 9382 9300

### Designed for

Doctors, Registered Nurses, Enrolled Nurses, Allied Health Professionals, Facility Managers, Pastoral Care Workers, Aboriginal Health Workers

### Overview

Integrating Spiritual Care into Clinical Care: A Whole Person Model of Care

- Describe the role of spirituality in the care of patients
- Discuss the evidence for spirituality in health care
- Define spirituality
- Review current models of spiritual care
- Appreciate the roles of different health care team members in providing spiritual care

Communication Skills for Spiritual Assessment

- Demonstrate different ways to communicate with patients about their spirituality
- Differentiate spiritual screening, history and assessment
- Utilize the FICA tool in taking a Spiritual History
- Discuss communication strategies for eliciting spiritual issues

Spirituality: An Antidote to Burnout?

- Reflect on the role of your spirituality in your Personal and Professional development
- Discuss what factors contribute to clinician burnout
- Discuss the role of spiritual practices in self care
- Reflect on ways you can integrate spiritual or other practices into your life

### Presented by

Dr Christina Puchalski MD, MS, FACP, FAAHPM

Founder and Director of the George Washington Institute for Spirituality and Health (GWish) and Professor of Medicine at George Washington University

### Resources

**Extended interview with Dr Puchalski**

<https://youtu.be/mTBki8Ytyrc>

**Medical Conference 2017**

<https://youtu.be/SK0LgFqQ5PE>

**Interprofessional Spiritual Care Education Curriculum (ISPEC)**

<https://smhs.gwu.edu/gwish/interprofessional-spiritual-care-education-curriculum-ispec>



## Dr Christina Puchalski

Christina M. Puchalski, MD, MS, FACP, FAAHPM Professor, George Washington Medicine and Health Science Director, George Washington Institute for Spirituality and Health Co-Director, MFA-GWU, Supportive and Palliative Care Clinic

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Christina Puchalski, MD, MS, FACP, FAAHPM, is a pioneer and global leader in the movement to integrate spiritual care into healthcare in clinical settings and medical education. As founder and director of the George Washington Institute for Spirituality and Health (GWish) and Professor of Medicine and Health Sciences at The George Washington University in Washington, DC, she continues to break new ground in the understanding and integration of interprofessional spiritual care in a healthcare settings through educational curricula, including the GWish-Templeton Reflection Rounds which focus on inner development of clinicians, research and policy. She has co-led national and international consensus conferences leading to recommendations for the integration of interprofessional spiritual care in palliative care focused on whole person models of care to address suffering and spiritual needs of patients and families.

GWish is fostering alliances globally to further this integration through the Global Network for Spirituality and Health (GNSAH), co-directed and founded by Dr. Puchalski. She developed the FICA spiritual history tool which is widely used in clinical settings. She is board certified in Palliative Medicine and Internal Medicine and is a Fellow of the American College of Physicians and the American Academy of Hospice and Palliative Medicine. At the George Washington University Medical Faculty Associates she directs an interdisciplinary outpatient Supportive and Palliative Care clinic in Oncology and is a Medical Hospice Co-Director for Professional Health in Washington, DC. She is recognized for her work in developing interdisciplinary educational curricula and innovative models of care in the US and other countries. She has also been awarded 2018 AAHPM Visionary in Hospice and Palliative Medicine by the American Academy of Hospice and Palliative Medicine (AAHPM).

Dr. Puchalski is widely published in journals with work ranging from biochemistry research to issues in ethics, culture, and spiritual care. She has authored numerous book chapters and published a book with Oxford University Press entitled *Time for Listening and Caring: Spirituality and the Care of the Seriously Ill and Dying*. She co-authored *Making Health Care Whole* with Dr. Betty Ferrell. She is co-editor of an international Textbook on Spirituality and Health published by Oxford University Press. She is a co-editor of the Humanities, Language, Art and Spirituality section of the *Journal of Pain and Symptom Management*; she also serves of many journal editorial boards. Her work has been featured on numerous print and television media. Her scholarship focuses on palliative care, spirituality and health and compassionate care as part of whole person health.

Puchalski has also served on many advisory committees or boards including The World Health Organization, The Vatican's Pontifical Academy for Life, and the Maruzza Foundation, The Academy of Hospice and Palliative Medicine and the Association of Professional Chaplains.

