

How much cash will you save if you stop smoking?

For a pack-a-day smoker, stopping smoking could mean an extra:

\$260
a week

\$1,040
a month

\$13,520
a year



Clothes



A tablet or smartphone



Nine months' rent



Looking after your pets



A relaxing holiday



Enrol in a course



Groceries for the family



Gym membership for a year



A car

Quitline 13 7848

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Partner:



Department of Health



MAKE SMOKING
HISTORY