

Palliative and Supportive Care Education (PaSCE)

**Semester One Program
January - June 2021**



**Cancer
Council**
WA



**Palliative and
Supportive Care
Education**

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About Us

Palliative and Supportive Care Education (PaSCE)

Palliative and Supportive Care Education (PaSCE) is the preferred service provider of palliative care professional development education available for all health professionals and palliative care volunteers in Western Australia.

PaSCE collaborates with experienced palliative care clinicians to develop and deliver evidence-based education that facilitates the development of current knowledge and confidence in delivering optimal palliative care in WA.



How to Use

This booklet outlines PaSCE events to be delivered during the first half of 2021. For further detail on the events, including a downloadable flyer, please refer to our health professionals calendar and select the event of interest to you.

To stay up to date with our upcoming events please subscribe to our newsletter via pasce-subscribe-2020-2021.eventbrite.com.au.

Our education workshops are broken down into the following categories to assist you to tailor your palliative care education requirements by identifying the appropriate events and workshops.



Foundation

Entry level palliative care education



PEPA

Program of Experience in the Palliative Approach



Consolidation

Building upon foundation units or consolidating existing palliative care knowledge



Extension

Extending and expanding palliative care knowledge



Communication

Experiential, facilitated learning experience



Volunteers in Palliative Care

Palliative care volunteer education

Registration is essential for all education workshops.

All PaSCE events and workshops are booked online via Eventbrite. Simply enter <https://bit.ly/pasce1> into your search engine to go to our health professional's calendar. Alternatively, if you are viewing the digital version of this booklet, you can also click on the workshops dates to go directly to the registration page.

Refer to 'How to Register' on page 36.

Please register all participants' contact details to ensure that they receive all the required event information directly. A non-attendance fee will be charged for all events where there has been no notice of cancellation prior to the event. The fee will be the cost of the event or \$20 per person for free events.

Calendar at a Glance

January - June 2021

(F2F) = face-to-face workshop (V) = virtual

January		
TUES 19 th	Work Smart: Finding Aboriginal Specific Cancer and Palliative Care Knowledge Resources Fast (V)	Consolidation
MON 25 th	Advance Care Planning for the Paramedic (F2F & V)	Foundation
February		
WED 10 th	Communication Workshop: Eliciting and Responding to Emotional Cues (F2F)	Communication
WED 10 th	What's New in Paediatric Palliative Care: Research and Projects (V)	Extension
MON 15 th	Ways of Working with Grief and Loss in Aboriginal Communities (F2F)	Extension
TUES 16 th	Communication for Senior Staff in Aged Care (F2F)	Consolidation
TUES 23 rd	Palliative Approach to Care for Aboriginal Health Care Providers - Bunbury (F2F)	PEPA
WED 24 th	Volunteering in Palliative Care - Shenton Park (F2F)	Volunteers
THUR 25 th	Communication Workshop: Eliciting and Responding to Emotional Cues (F2F)	Communication
March		
THUR 4 th	Gaining an Understanding of Palliative Care in WA (V - series commencing 4 March)	Extension
WED 10 th	Communication Workshop: Eliciting and Responding to Emotional Cues (F2F)	Communication
MON 15 th	Principles of Palliative Care Module 1 (F2F)	Foundation
TUES 16 th	Communication in Aged Care (F2F)	Consolidation
THUR 18 th	Mentoring Workshop (V)	PEPA
WED 24 th	Goals of Care Communication Skills (V)	Consolidation
THUR 25 th	Communication Workshop: Eliciting and Responding to Emotional Cues (F2F)	Communication

April		
TUES 13th	Update from The WA Department of Health End of Life Care Program <i>(V)</i>	Extension
THUR 15th	Mindfulness Based Compassion Training for Health Professionals <i>(V - six week program commencing 4 March)</i>	Consolidation
MON 19th	Principles of Palliative Care Module 2 <i>(F2F)</i>	Foundation
WED 28th	Communication for Senior Staff in Aged Care <i>(F2F)</i>	Consolidation
May		
MON 3rd	Communication Workshop: Eliciting and Responding to Emotional Cues <i>(F2F)</i>	Communication
WED 5th	Volunteering in Palliative Care - Kalamunda <i>(F2F)</i>	Volunteers
MON 10th	Principles of Palliative Care Module 1 <i>(F2F)</i>	Foundation
TUES 11th	Gaining an Understanding of Palliative Care in WA <i>(V - series commencing 11 May)</i>	Extension
THUR 13th	Tools and Skills for Embedding Palliative Care in Residential Aged Care <i>(F2F)</i>	Consolidation
THUR 20th	Palliative Approach for Patient Care Assistants <i>(F2F)</i>	PEPA
WED 26th	Communication Workshop: Eliciting and Responding to Emotional Cues <i>(F2F)</i>	Communication
June		
WED 2nd - THUR 3rd	The Spiritual Dimension of Palliative Care <i>(F2F)</i>	Spirituality
THUR 3rd	Exploring Depression and Anxiety in Palliative Care <i>(V)</i>	Consolidation
MON 21st	Principles of Palliative Care Module 2 <i>(F2F)</i>	Foundation
TUES 22nd	Communication Workshop: Eliciting and Responding to Emotional Cues <i>(F2F)</i>	Communication
THUR 24th	Spotlight on Palliative Care Research: PCOC (Palliative Care Outcomes Collaboration) <i>(F2F)</i>	Extension
WED 30th	Communication in Aged Care <i>(F2F)</i>	Consolidation
Visit our Health Professionals Calendar at bit.ly/pasce1 to see the full list of upcoming events for Semester 1 2021.		

Foundation

Entry level palliative care education



Date

Mon 15 March (F2F)

OR

Mon 10 May (F2F)

Time

Registration 8.15am
8.30am – 4.00pm

Venue**Seminar Room**

Cancer Council WA
15 Bedbrook Place
SHENTON PARK

Catering

Morning tea and
lunch provided

Cost

\$95 (inc. GST)

Online Registration

<https://bit.ly/pasce1>

**Principles of Palliative Care
Module 1**

Entry level palliative care education

Designed for

Doctors, Registered Nurses, Enrolled Nurses,
Allied Health Professionals, Facility Managers,
Pastoral Care Workers, Aboriginal Health Workers

Overview

This workshop is an introduction to palliative care which prides itself on being multi-disciplinary. Module 1 covers areas of practice and improving patient outcomes via a palliative approach.

Learning areas

This module comprises four units:

1. a palliative approach
2. communication
3. loss, grief and bereavement
4. self-care

Presented by

Natalie Panizza
Palliative Care Nurse Practitioner

*We recommend completing
Module 1 and 2*

**Principles of Palliative Care
Module 2**

Entry level palliative care education

Designed for

Doctors, Registered Nurses, Enrolled Nurses,
Allied Health Professionals, Facility Managers,
Pastoral Care Workers, Aboriginal Health Workers

Overview

Continuing on from Module 1, this workshop focuses on patient care and quality of life. It includes terminal and end of life care.

Learning areas

This module comprises three units:

1. advance care planning
2. assessment and symptom management
3. Continuum of Care inclusive of end of life and terminal care

Presented by

Natalie Panizza
Palliative Care Nurse Practitioner

*For aged care specific education opportunities
see pages 15-18*

Date

Mon 19 April (F2F)

OR

Mon 21 June (F2F)

Time

Registration 8.15am
8.30am – 4.00pm

Venue**Seminar Room**

Cancer Council WA
15 Bedbrook Place
SHENTON PARK

Catering

Morning tea and
lunch provided

Cost

\$95 (inc. GST)

Online Registration

<https://bit.ly/pasce1>

Date

Day 1: Wed 2 June (F2F)

Day 2: Thur 3 June (F2F)

Time

Registration 8.30am

9.00am – 3.00pm

Venue**Seminar Room**

Cancer Council WA

15 Bedbrook Place

SHENTON PARK

Catering

Morning tea and
lunch provided

Cost

\$95 (inc. GST)

Online Registration

<https://bit.ly/pasce1>

The Spiritual Dimension of Palliative Care

An educational opportunity to explore spirituality

Designed for

Doctors, Registered Nurses, Enrolled Nurses,
Chaplains, Allied Health Professionals,
Assistants in Nursing, Patient Care Assistants

Overview

The spiritual dimension of palliative care is recognised as a fundamental element of healthcare assessments alongside physical, psychological, cultural and social needs (National Palliative Care Standards 2018).

This participatory workshop provides opportunity for any health professional to engage in exploring the importance of spirituality in self and in others, and how to hold discussions to assess the spiritual needs and values of all persons receiving palliative care.

Learning areas

- Develop a deeper understanding of spirituality in the context of health, palliative and patient-centred care.
- Develop confidence in engaging in spiritual conversations with patients, families and carers.
- Explore the meaning of spirituality for self and others.
- Explore and describe different belief systems and major religions of the world.
- Recognise the importance of spirituality for all persons receiving palliative care.

Presented by

Jo Whitley

Dr. Jonathan Ramachenderan

Mentored by

Prof. Doug Bridge

PEPA

Program of Experience in the
Palliative Approach



Date

Tues 23 February (F2F)

Time

Registration 8.15am
8.30am - 2.00pm

Venue

Bunbury Training and Education Centre (TCE)
Bunbury Regional Hospital
Bussell Highway
(cnr Robertson Dr)
BUNBURY

Catering

Morning tea and
lunch provided

Cost

Free (funded by PEPA)

Online Registration

palliative-approach-
ahws-23-feb-2021.
eventbrite.com.au

Palliative Approach to Care for Aboriginal Health Care Providers - Bunbury

Designed for

Aboriginal Liaison Officers, Aboriginal Health
Workers/Health Practitioners, Interpreters,
Outreach Workers, Community Workers, Health
Professionals who work with Aboriginal Clients

Overview

Come and join us for an interactive session,
utilising group discussion and case studies to
provide participants with a greater understanding
of palliative care and how it can be implemented
where they work.

Learning areas

- Palliative approach.
- Communication skills .
- Advance care planning.
- End of life care.
- Loss, grief and healing.

Presented by

Jan Stiberc
Regional PC Nurse Manager

Tammy McGrath
Regional PC Aboriginal Health Worker

Mentoring Workshop

Designed for

PEPA Mentors, Palliative Care Specialist Staff

Overview

Mentoring is defined as a relationship between an
experienced and a less experienced person in which
the mentor provides guidance, advice, support and
feedback to the mentee to support their future
experience and growth.

The aim of the workshop is to develop current
palliative care health professionals to support
generalist health care professionals to understand
the value and importance of working with a palliative
approach to care.

Learning areas

- Culturally responsive mentoring practices.
- Communication skills.
- Feedback skills.
- Reflective skills.
- Ability to discover/develop talent and skills in
others that comes from a positive mentoring
relationship.

Presented by

Sue Cosgrove
National Program Manager PEPA,
Palliative Care Education and Training Collaborative

Date

Thur 18 March (V)

Time

Log on 8.55am
9.00am - 1.00pm

Venue

Virtual - a link will be
sent prior to the session

Cost

Free (funded by PEPA)

Online Registration

pepa-mentor-18-mar-
2021.eventbrite.com.au



Funded by the Australian Government Department of Health



Funded by the Australian Government Department of Health

Date

Thur 20 May (F2F)

Time

Registration 8.45am
9.00am – 1.30pm

Venue

Seminar Room

Cancer Council WA
15 Bedbrook Place
SHENTON PARK

Catering

Morning tea provided

Cost

Free (funded by PEPA)

Online Registration

pepa-pcw-20-may-
2021.eventbrite.com.au

Palliative Approach for Patient Care Assistants

Designed for

Patient Care Assistants, Assistants in Nursing,
Occupational and Physiotherapy Assistants,
Paid Carers

Overview

Join us for an interactive session, utilising group discussion and case studies to provide participants with a greater understanding of palliative care and how it can be implemented where they work.

Learning areas

- Palliative approach.
- Communication skills.
- Advance care planning.
- End of life care.

Palliative Care for Aboriginal Health Care Professionals

Designed for

Aboriginal Liaison Officers, Aboriginal Health Workers/Health Practitioners,
Interpreters, Outreach Workers, Community Workers

Overview

Come and join us for an interactive session, utilising group discussion and case studies to provide participants with a greater understanding of palliative care and how it can be implemented where they work.

Learning areas

- Palliative approach.
- Communication skills.
- Advance care planning.
- End of life care.
- Loss, grief and healing.

Cost

Free (funded by PEPA)

More information

Metro and regional workshops available, please contact **08 9382 9372** or email pepa@cancerwa.asn.au.

PEPA Program of
Experience in the
Palliative Approach

Funded by the Australian Government Department of Health

PEPA Indigenous Program
of Experience in the
Palliative Approach

Funded by the Australian Government Department of Health



Consolidation

Building upon foundation units or consolidating existing palliative care knowledge

Residential Aged Care: Excellence in Palliative Care (RACEPC) Program

Empower your palliative care link teams to embed person-centred palliative care in your facilities.

The Residential Aged Care: Excellence in Palliative Care (RACEPC) program is designed to educate and support palliative care link teams to provide best practice care for residents and offer support to family and carers.

The program involves a two day workshop, two days of mentoring to embed the program and enable teams to develop their confidence and knowledge in delivering a palliative approach in their facility.

RACEPC program participants will be able to:

- Embed the integral part a palliative approach plays in residential aged care.
- Understanding the guiding principles inclusive of Residential Aged Care National Standards, Advanced Care Planning Australia Position Statement and the Draft Position Statement for Residential Aged Care.
- Support palliative care link teams to embed excellence in palliative care.
- Develop harmonious communication skills and strategies within the team.
- Understand the opportunity advance care planning provides to support client wishes through provision of an individualised palliative approach focused on optimising quality of life.
- Utilise palliative care resources.
- Develop skills in recognition of the terminal phase and delivery of excellence in end of life care.

Register your interest

To register your facilities interest in obtaining more information please contact cathy.english@cancerwa.asn.au.

Date

Tues 16 February (F2F)

OR

Wed 28 April (F2F)

Time

Registration 8.45am
9.00am – 4.00pm

Venue**Seminar Room**

Cancer Council WA
15 Bedbrook Place
SHENTON PARK

Catering

Morning tea and
lunch provided

Cost

Free

Online Registration

<https://bit.ly/pasce1>

**Communication for Senior Staff
in Aged Care**

Interactive communication skills workshop
specifically for aged care

Designed for

Health Care Professionals working in aged care
facilities; Facility Managers, Doctors, Senior
Registered Nurses, Senior Allied Health Professionals
and Registered Nurses responsible for family meetings

**Would you be surprised if your patient died
within the next six months?... How do I have
the conversations?... I don't have time for this
conversation!**

Overview

A safe space to discuss death and dying. This
interactive workshop highlights challenges and
concerns in discussing death and dying with teams,
residents and families. A scenario-based workshop
utilising current evidence-based tools.

Learning areas

- Determining the need to have the conversations.
- How to have the conversations.
- Theory behind good communication.
- Why good communication matters.

Communication in Aged Care

Interactive communication skills workshop
specifically for aged care staff

Designed for

Registered Nurses, Enrolled Nurses,
Patient Care Assistants, Assistants in Nursing,
Allied Health Professionals

**Would you be surprised if your patient died
within the next six months?... How do I have the
conversations?**

Overview

A safe space to discuss death and dying. This
interactive workshop highlights challenges and
concerns in discussing death and dying with teams,
residents and families. A scenario-based workshop
utilising current evidence-based tools.

Learning areas

- Determining the need to have the conversations.
- How to have the conversations.
- Theory behind good communication.
- Why good communication matters.

Date

Tues 16 March (F2F)

OR

Wed 30 June (F2F)

Time

Registration 8.45am
9.00am – 4.00pm

Venue**Seminar Room**

Cancer Council WA
15 Bedbrook Place
SHENTON PARK

Catering

Morning tea and
lunch provided

Cost

Free

Online Registration

<https://bit.ly/pasce1>

Date

Thur 13 May (F2F)

Time

Registration 8.45am
9.00am – 1.00pm

Venue**Seminar Room**

Cancer Council WA
15 Bedbrook Place
SHENTON PARK

Catering

Morning tea provided

Cost

Free

Online Registration

<https://bit.ly/pasce1>

Tools and Skills for Embedding Palliative Care in Residential Aged Care - A Clinical Focus

Designed for

Health Care Professionals working in aged care facilities; Doctors, Facility Managers, Senior Registered Nurses and Registered Nurses responsible for family meetings

Overview

Residential aged care services face particular difficulties in palliative care, because permanent residents often have dementia and/or communication difficulties and complex care needs (AIHW 2018). In addition, there is a high burden of chronic disease and comorbidity in the residential aged care population (Hillen, Vitry & Caughey 2017).

Learning areas

- Discussion to identify tools to embed a palliative approach within your facility.
- Expand upon foundational palliative care education for residential aged care.
- Outline available resources and services.

Presented by

Claire Doyle
Palliative Care Nurse Practitioner

Work Smart: Finding Aboriginal Specific Cancer and Palliative Care Knowledge Resources Fast

Designed for

Health Professionals, Allied Health Professionals and Researchers working with Aboriginal patients with a life-limiting illness or cancer

Overview

Health professionals caring for their Aboriginal and Torres Strait Islander patients require practical and immediate information or knowledge. Let the Australian Indigenous Health/InfoNet take you on a tour to access the information, events, education, resources, research and health promotion they have available.

Presented by

Australian Indigenous Health/InfoNet

Goals of Care Communication Skills

Designed for

Doctors, Registered Nurses, Enrolled Nurses, Allied Health Professionals

Overview

Goals of care discussions allow patient values to be at the forefront of planning care. These conversations evolve over time from admission to discharge or death, not in isolation, and require all health professionals to communicate patient values effectively.

This webinar provides opportunity for health professionals in WA to explore how the practical application of an evidence-based framework can support effective goals of care conversations with patients and important others, as well as within and between health care teams.

Presented by

Dr Derek Eng

Date

Tues 19 January (V)

Time

Log on 1.55pm
2.00pm – 2.30pm

Venue

Virtual – a link will be sent prior to the session

Cost

Free

Online Registration

<https://bit.ly/pasce1>

Date

Wed 24 March (V)

Time

Log on 1.55pm
2.00pm – 3.00pm

Venue

Virtual – a link will be sent prior to the session

Cost

Free

Online Registration

<https://bit.ly/pasce1>

Date

Thursday evenings (V)

Week 1 - 15 April

Week 2 - 22 April

Week 3 - 29 April

Week 4 - 6 May

Week 5 - 13 May

Week 6 - 20 May

Time

Log on 4.45pm

5.00pm - 6.30pm

Venue

Virtual - a link will be sent prior to the session

Cost

\$95 (incl. GST)

This is a subsidised course

Online Registration

<https://bit.ly/pasce1>

Mindfulness-Based Compassion Training for Health Professionals

Six week online program

Designed for

Doctors, Registered Nurses, Enrolled Nurses, Chaplains, Allied Health Professionals, Assistants in Nursing, Patient Care Assistants

Overview

Health professionals routinely give compassionate care to patients but can struggle to receive compassion or offer it to self or colleagues. Research suggests health professionals can increase wellbeing when practicing self-compassion, and therefore increase capacity to provide optimal patient care. A recent evaluation by Curtin University also found that participation in this program could decrease levels of anxiety, compassion fatigue and emotional exhaustion.

"Protecting ourselves and maintaining our wellbeing and compassion has never been more important, not only for ourselves and our families, but also for our patients and our communities. As ... clinicians, we need to lead by example and demonstrate our understanding of the situation."

Source COVID-19 and Australian Specialist Palliative Care, Opinion Piece 1: Playing our part: the importance of practicing compassionate care for all.

Commitment to participate

As a participant we ask that you attend all of the workshops, undertake 15 mins of home practice daily, and have a quiet space with a good internet connection. This is a highly interactive program and requires your complete presence during the sessions.

Presented by

Dr Kathryn Choules
Mindfulness Facilitator

Exploring Depression and Anxiety in Palliative Care

Designed for

Doctors, Registered Nurses, Enrolled Nurses, Allied Health Professionals, Pastoral Care Workers, Facility Managers, Aboriginal Health Workers, Counsellors

Overview

An important component of palliative care is addressing and responding effectively to psychological distress. In this session, we focus the psychosocial care of depression and anxiety.

Learning areas

- An overview of depression and anxiety in palliative care.
- Recognising depression and anxiety in your patient.
- Understanding the similarities and differences of the disorders.
- Identifying non-pharmacological management and strategies for each of the disorders.

Presented by

Karen Anderson
Psychotherapist, Counsellor and Lecturer

Date

Thur 3 June (V)

Time

Log on 8.55am

9.00am - 11.00am

Venue

Virtual - a link will be sent prior to the session

Cost

Free

Online Registration

<https://bit.ly/pasce1>



Extension

Extending and expanding palliative care knowledge

What's New in Paediatric Palliative Care: Research and Projects

Designed for

General Practitioners, Doctors, Specialists, Registered Nurses, Enrolled Nurses, Allied Health Professionals working with paediatric patients

Overview

Join us to get an update of the paediatric palliative care services in WA.

Although the principles of palliative care are similar for adults, children and adolescents, there are differences that warrant a model specifically for children and adolescents with a life-limiting illness and their families.

Learning areas

- Optimal Care Pathways for children with a life-limiting illness.
- Latest research on the paediatric carer support needs assessment tool.
- Update on Paediatric State-wide Goals of Care Project.
- Discussing the Perth Children's Hospital Paediatric Palliative Care Service.
- The QuOCCA service delivery in WA.
- The new initiative of the Optimal Care Pathway for children with a life-limiting illness in WA.

Presented by

Perth Children's Hospital
Paediatric Palliative Care Team

Date

Wed 10 February (V)

Time

Log on 1.55pm
2.00pm - 3.00pm

Venue

Virtual - a link will be sent prior to the session

Cost

Free

Online Registration

<https://bit.ly/pasce1>

Date

Mon 15 February (F2F)

Time

Registration 8.45am
9.00am – 4.00pm

Venue**Seminar Room**

Cancer Council WA
15 Bedbrook Place
SHENTON PARK

Catering

Morning tea and
lunch provided

Cost

\$95 (inc. GST)

Online Registration

<https://bit.ly/pasce1>

Ways of Working with Grief and Loss in Aboriginal Communities

Designed for

Doctors, Registered Nurses, Enrolled Nurses, Allied Health Professionals, Pastoral Care Workers, Facility Managers and Psychologists working with Aboriginal patients with a life-limiting illness

Overview

Health professionals who are working with Aboriginal patients with a life-limiting illness strive for culturally safe care.

Being able to support Aboriginal people dealing with grief, loss and trauma requires an understanding of these issues as experienced by Aboriginal individuals, families and communities. This one-day workshop is informed by the latest research and best-practice, and provides opportunities for participants to consider relevant cases or issues they've encountered.

Learning areas

- Identifying and describing grief, loss and trauma.
- Understanding the relevance of current grief and loss theory to the cultural, social and emotional wellbeing of Aboriginal community members.
- Discussing the applications of grief and loss supports for Aboriginal community members.
- Exploring the role of the health professionals in providing appropriate support.

Presented by

Angela Ryder
Manager of Aboriginal Programs

Lauren Breen
Registered Psychologist, Fellow of Thanatology

Gaining an Understanding of Palliative Care in WA

Designed for

Health Professionals new to palliative care specialty in WA

Overview

The Palliative Care in WA program is a professional development education program for health professionals providing an introduction to palliative care in WA. The program is a general overview of palliative care, palliative care services and resources available in metropolitan, regional and remote areas. This program aims to develop the participant's awareness of the services and resources at their disposal in WA.

Program objectives

- Understanding the guiding principles of a palliative approach, models of care and guiding standards and evidence.
- Develop communication skills and strategies.
- Develop an understanding of WA specific requirements in advance care planning inclusive of advance health directives and goals of patient care.
- Develop confidence and skills to practice self-care.
- Gain an understanding prognostication, terminal phase and delivering excellent end of life care.
- An overview of symptoms and assessment in palliative care.
- Utilise palliative care resources and services.
- Gain an overview of contemporary approaches of bereavement.

Presented by

Grace Buchanan
Palliative and Supportive Care Education Manager
Cancer Council WA

Date

Series commencing
Thur 4 March (V)

Series commencing
Tues 11 May (V)

Time

Log on 1.55pm
2.00pm – 4.30pm

Venue

Virtual – a link will be sent prior to the session

Cost

Free

Online Registration

<https://bit.ly/pasce1>

Date

Tues 13 April (V)

Time

Log on 1.55pm
2.00pm - 3.00pm

Venue

Virtual - a link will be sent prior to the session

Cost

Free

Online Registration

<https://bit.ly/pasce1>

Update from The WA Department of Health End of Life Care Program

Designed for

Doctors, General Practitioners, Registered Nurses, Enrolled Nurses, Allied Health Professionals, Pastoral Care Workers, Facility Managers, Aboriginal Health Workers, Counsellors in Specialist Palliative Care or with patients with a life-limiting illness

Overview

PaSCE invite you for an update from the Department of Health's (DoH) End of Life Care Program (EoLCP).

Learning areas

- Update on the DoH EoLCP activities, including progress of implementing recommendations from the Joint Select Committee End of Life Choices and Ministerial Expert Panel on Advance Health Directives (AHD) reports.
- Update on changes proposed to the WA ADH template and proposed introduction of a central WA AHD Register, and the impact of these changes for clinicians.
- Progress to date of monitoring unmet demand for palliative care and measuring the delivery of palliative care.
- Update on NPA agreement for comprehensive palliative care in aged care.
- Developments in policy, governance structures and workforce design to support the improved delivery of palliative care services across the WA regions.
- Changes in relation to palliative care professional development and training being offered to health sector professionals.
- The upcoming introduction of voluntary assisted dying in WA and the implications to health professionals and community.

Spotlight on Palliative Care Research PCOC (Palliative Care Outcomes Collaboration)

Designed for

Doctors, General Practitioners, Registered Nurses, Enrolled Nurses, Allied Health Professionals, Pastoral Care Workers, Facility Managers, Aboriginal Health Workers working in aged care

Overview

Join us to get an update from the Palliative Care Outcomes Collaboration (PCOC). Learn about their new "PCOC in Residential Aged Care", this is a new PCOC program designed for use in residential aged care facilities by both clinical staff and care workers.

This presentation will be suitable for any health professional working in residential aged care including care workers. It is also suitable for specialist palliative care services and GPs supporting residential aged care facility residents/patients.

Presented by

Claire Johnson
Professorial Fellow, University of Wollongong

Natalie Joseph
PCOC Improvement Facilitator

Date

Thur 24 June (V)

Time

Log on 1.55pm
2.00pm - 3.00pm

Venue

Virtual - a link will be sent prior to the session

Cost

Free

Online Registration

<https://bit.ly/pasce1>



Communication

Experiential, facilitated learning experience

Communication Workshop: Eliciting and Responding to Emotional Cues

Designed for

Doctors, Registered Nurses, Enrolled Nurses, Allied Health Professionals

Overview

This half-day workshop can help to enhance your communication skills and further develop resilience in discussing personal issues with patients, family and carers more effectively. By developing your communication skills you will also improve your professional relationships with patients and colleagues, whilst contributing to best-practice and improving patient safety and outcomes.

The workshop involves participating in hypothetical scenarios with a simulated patient/actor and an experienced trained facilitator. There may also be a co-facilitator in training. We provide a safe, private and non-judgmental learning environment for you to practice and receive feedback on your communication skills.

Learning areas

- Develop effective fundamental communication skills.
- Practice recognising emotional cues.
- Embed intuitive responses through simulated role play.

Dates

FEBRUARY

Wed 10 (F2F)

Thur 25 (F2F)

MARCH

Wed 10 (F2F)

Thur 25 (F2F)

MAY

Mon 3 (F2F)

Wed 26 (F2F)

JUNE

Tues 22 (F2F)

Time

Registration 8.00am
8.30am - 1.00pm

Venue

Seminar Room

Cancer Council WA
15 Bedbrook Place
SHENTON PARK

Catering

Morning tea provided

Cost

\$100 (inc. GST)

Online Registration

<https://bit.ly/pasce1>

Date

TBC

Time

Registration 8.00am
8.30am – 1.00pm

Venue

Seminar Room

Cancer Council WA
15 Bedbrook Place
SHENTON PARK

Catering

Morning tea provided

Cost

\$100 (inc. GST)

Online Registration

<https://bit.ly/pasce1>

Communication Workshop: Engaging in Goals of Patient Care Conversations

Designed for

Doctors, Registered Nurses, Enrolled Nurses,
Allied Health Professionals

Overview

This half-day workshop provides opportunity to develop effective skills in patient-centred communication. Goals of care discussions allow patient values to be at the forefront of care planning with the understanding and practical application of an evidence-based framework. Goals of care conversations and planning evolve over time from admission to discharge or death, not in isolation, and require all health professionals to communicate patient values effectively, within and between any health care team.

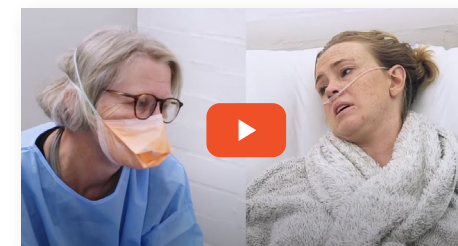
This workshop uses experiential scenarios that provide participants with an opportunity to practice simulated patient care conversations and receive real-time feedback.

Learning areas

- Develop advanced patient-centred communication skills.
- Gain valuable experience in how to have goals of care conversations.
- Practice listening to and identifying patient values.
- Use the ICE-REMAP communication skills tool.

Communication Skills Education Videos for Health Professionals

These video resources have been produced by Cancer Council WA, Palliative and Supportive Care Education (PaSCE) Communication Program Faculty in collaboration with clinicians from acute care, community and aged care sectors. This case scenario based training resource is made up of three series of videos.



They were produced in response to the unfolding COVID-19 pandemic and an increasing demand for communication skills education for health professionals. They enable the viewer to observe clinical conversations with patients, family members and carers regarding goals of patient care, advance care planning and end of life discussions.

This is a communication education resource. It is not a clinical guide to treatment and was not filmed in clinical settings.

Purpose

These videos provide opportunity for health professionals to view and learn from communication in action, as demonstrated by experienced doctors, nurses and social workers, with a simulated patient, relative or carer. Throughout the videos, you will be able to observe the application of evidence-based communication skills and techniques that can be translated and applied to everyday practice. The clinicians also reflect on their experience of having the discussions.

It is recommended that reflective notes are made and that you return to watch subsequent videos. Communication frameworks and techniques are demonstrated in these videos and are provided in the resource.

Access the resource

cancerwa.asn.au/professionals/pasce/pasce-video-resources



Volunteers in Palliative Care

Palliative care volunteer education

Volunteering in Palliative Care

Volunteers working in a palliative care setting

Designed for

Volunteers must be already working in a palliative care setting

Overview

This event will provide volunteers with knowledge and understanding of palliative care.

Learning areas

- A palliative approach.
- The volunteer's role in palliative care.
- Boundaries and being part of the team.
- Communication skills.
- Loss, grief and bereavement.
- Self-care.

Presented by

Grace Buchanan
Palliative and Supportive Care Education Manager
Cancer Council WA

Date

Wed 24 February **(F2F)**

Seminar Room

Cancer Council WA
15 Bedbrook Place
SHENTON PARK

OR

Wed 5 May **(F2F)**

Kalamunda Hospital
Elizabeth Street
KALAMUNDA

Time

Registration 9.00am
9.15am - 2.30pm

Catering

Morning tea and
lunch provided

Cost

Free

Online Registration

<https://bit.ly/pasce1>

How to Register

Registration is essential for all education workshops.

To register online

- Visit our health professional's education calendar at <https://bit.ly/pasce1>.
- Scroll down until you find the course you are interested in and click on the title of the course.
- In the event details you will find the REGISTRATION link. Click on this to go to the Eventbrite registration page.
- If you are viewing the digital version of this booklet, you can also click on the workshops dates to go directly to the registration page.
- Participants will be notified of any changes or updates.

Reschedule/cancellation policy

All event details are correct at the time of publication. At times it may be necessary to reschedule or cancel advertised workshops. In the event that a workshop is cancelled, all enrolled participants will be notified and a full refund offered. Alternatively, participants will be offered a place in the next available workshop.

Cancellation of registration by participants is accepted until one business day prior to the workshop. A substitute participant can be sent in your place. PaSCE administration must be advised of this change. If you are unable to attend on the day, please contact us on **08 9382 9300** or pasce@cancerwa.asn.au.

A non-attendance fee will be charged for all events where there has been no notice of cancellation prior to the event. The fee will be the cost of the event or \$20 per person for free events.

Other information

- Events will commence at the stated starting time, so please arrive 15 minutes prior.
- A Certificate of Attendance will be issued on the day of face-to-face education, stating the hours of continuing professional development completed. For virtual events a certificate will be generated on request.
- If you have any specific dietary requirements/allergies please inform us when completing registration.

McLarty Palliative Care Scholarship

Are you a Registered Nurse or Allied Health Professional currently working in palliative care?

Are you interested in undertaking postgraduate study towards a palliative care qualification?

If so - Cancer Council WA invites you to apply for a McLarty Palliative Care Scholarship. McLarty Palliative Care Scholarships are awarded to nurses and allied health professionals who seek to improve their knowledge, skills and clinical practice in palliative care through the completion of a Postgraduate Certificate, Postgraduate Diploma or Masters of Palliative Care.

Eligibility criteria

All applicants must be:

- A registered nurse or allied health professional employed in WA.
- An Australian citizen or have permanent residency status at the time of application.
- Enrolling or enrolled in a course that leads to an accredited tertiary qualification with a palliative care focus.
- Willing to submit a report following the scholarship and participate in scholarship evaluation.
- Able to submit the completed application form and enclose copies of relevant documentation.

More information

For further information and to download the McLarty Scholarship guidelines and application form visit cancerwa.asn.au/professionals/cancercouncilwascholarships.

Email applications to pasce@cancerwa.asn.au or call **08 9382 9300**.

Applications open from 6 September 2021



Program of Experience in the Palliative Approach (PEPA)

Do you or your staff care for people with life-limiting illnesses or who are at end of life?

Healthcare providers have an important role in identifying a person's need for palliative care as well as providing high quality, appropriate and effective care to people in the final phase of life, or helping people with a life-limiting illness live their lives as actively and comfortably as possible.

The Program of Experience in the Palliative Approach (PEPA) seeks to improve the quality, availability and access to palliative care by enhancing the knowledge and skills of health practitioners, increasing awareness of palliative care resources and services in WA and enhancing collaboration between service providers.

Placements

PEPA offers two to four day mentored observational placements within a specialist palliative care service (inpatient hospital, hospice and community settings) for metropolitan and regional participants.

Applications are welcome from professionals in regional and remote locations across WA and self-employed medical practitioners. Placements can be planned in metropolitan or regional WA.

Applicants recommended to apply are:

- All health and aged care professionals working in primary care or non-specialist palliative care settings.
- Aboriginal and Torres Strait Islander healthcare professionals (health and community workers, health practitioners, hospital liaison officers and community workers).
- Allied health professionals.
- Community care workers.
- Medical practitioners, medical specialists, GPs and registrars.
- Cultural liaison officers.
- Nurses.

'Reverse PEPA' placements are available for aged care, regional and remote health settings across WA. This entails a specialist palliative care mentor coming into your workplace for two days to mentor a team of health professionals. This may involve education sessions, mentoring, assessments and interventions (medical, physical, psychosocial, spiritual etc.), medication reviews, procedures and policy documentation and referral processes, depending on learning needs.

Fees

There is no fee for a placement attendance. PEPA is funded by The Australian Government Department of Health. Financial assistance for travel and accommodation is provided for regional health professionals. Employers and self-employed individuals may be eligible to claim reimbursement for a contribution to professional development support to enable participation.

Workshops

PEPA provides free, tailored palliative approach workshops for a variety of target groups around WA. Regional workshops are also available across the state. If your health service would like education delivered please contact the PEPA Coordinator to discuss possibilities (details below).

- Palliative Approach for Aboriginal Health Workers/Professionals
- Palliative Approach for Allied Health Professionals
- Palliative Approach for Patient Care Assistants and Nurses
- Palliative Approach for Residential Aged Care
- Culturally Responsive Care for Aboriginal and Torres Strait Islander Peoples



Contact

Brooke Gallery - PEPA Coordinator

T: 08 9382 9372

E: pepa@cancerwa.asn.au

pepaeducation.com

PALLIATIVE CARE EDUCATION & TRAINING COLLABORATIVE

PEPA Program of Experience in the Palliative Approach

PEPA Indigenous Program of Experience in the Palliative Approach

Funded by the Australian Government Department of Health



Culturally Appropriate Palliative Care in the West Kimberley

Cultural video resource for all health professionals and allied health specialists

The Palliative and Supportive Care Education (PaSCE) team are proud to offer this educational video resource. The video is made for all health professionals and allied health working with Aboriginal people with a life-limiting illness.



The Ladies group approached us as they wished to share their cultural beliefs and what matters to them at end of life with health professionals. Although, told from the perspective of four Kimberley language groups, feedback is that the knowledge is transferable across the nation's Aboriginal population.

This resource is for educational purposes only. It may contain images, works and descriptions that could be culturally sensitive and which might not normally be used in public and community contexts.

The PaSCE team wishes to thank everyone who contributed to this resource, including The Yiriman Ladies, PEPA, Dr Alison White and Ainsley O'Connor.

To access this video please visit
yiriman-video.eventbrite.com.au

PALLIATIVE CARE EDUCATION & TRAINING COLLABORATIVE



Funded by the Australian Government Department of Health



Pharmacological Interventions for Palliative Care Symptoms

Video resource for all health professionals

Concerns over managing challenging symptoms can be alleviated with appropriate knowledge and support. A palliative perspective will be applied to the most common palliative care symptoms to give a broad overview. Each video looks at the pharmacological intervention specific to each symptom from a palliative care specialist point of view. It recognises the importance of non-pharmacological interventions either prior and/or in addition to medications.

Topics

1. Medications at end of life.
2. Pain in palliative care.
3. Nausea and vomiting in palliative care.
4. Dyspnoea in palliative care.
5. Constipation in palliative care
6. Delirium in palliative care.



Presented by

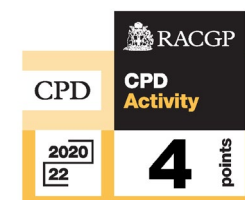
Penelope Tuffin
Advanced Practice Pharmacist, Palliative Care and Pain Management

We will be contacting you for feedback approximately two (2) months after the video is ordered.

To access these videos please visit
pharmacological-interventions-video-2020.eventbrite.com.au

To access these videos and receive RACGP CPD points please visit
pharmacological-interventions-gp-video.eventbrite.com.au

This education is a CPD Activity under the RACGP CPD Program. Activity number 203979. GP's are eligible for RACGP CPD points upon completion of all requirements, including evaluation.



Opioid Conversion Education Videos

Video resource to support the Opioid Conversion Guide lanyard

Palliative and Supportive Care Education (PaSCE) and WA Cancer and Palliative Care Network (WACPCN) have developed two Opioid Conversion education videos to support the Opioid Conversion Guide lanyard. These two education videos are a prerequisite to ordering a lanyard from WACPCN.



Please register below to obtain a link for to access these videos. If you would like a USB of this resource please email pasce@cancerwa.asn.au. To order the Opioid Conversion Guide lanyards, please email wacpcn@health.wa.gov.au or phone **08 9222 0202**.

We will be contacting you for feedback on the training resources approximately two (2) months after the video is ordered.

Presented by

Penelope Tuffin

Advanced Practice Pharmacist, Palliative Care and Pain Management

Penny divides her clinical time between Palliative Care Consultancy Teams at Fiona Stanley and Royal Perth Hospitals, the Palliative Care Unit at Bethesda Hospital and the Pain Team at Royal Perth Hospital. She provides advice, education and mentoring for health care professionals and undergraduate students throughout WA.

To access this video please visit

[wacpcn-opioid-video-2020.eventbrite.com.au](https://www.wacpcn-opioid-video-2020.eventbrite.com.au)

Disclaimer: content is correct at time of filming. All rights reserved by Penelope Tuffin and Cancer Council Western Australia.

Australian Centre for Grief and Bereavement

Online short courses

The Australian Centre for Grief and Bereavement (ACGB) is a leading provider of professional grief, loss and bereavement education. The Centre offers a range of online short courses for professionals wanting to upskill their expertise and knowledge within the grief and bereavement field. ACGB online short courses can be accessed from anywhere and can be completed within just four weeks. Each course consists of seven hours of education which includes four pre-recorded modules, and one Live Zoom Q&A. Participants will receive certificates of completion which can be used to claim OPD points offered by the Australian Counselling Association.

2021 online short courses (self-paced online learning)

- Loss and grief relating to ability, ageing and dementia.
- Supporting those before and after a death.
- Understanding and responding to bereavement following a trauma.
- How to facilitate a bereavement support group.
- Supporting children and adolescents experiencing grief and loss.
- Companion animal loss.
- Providing effective brief contact and single session grief support.
- Providing effective bereavement support.
- Responding to complicated grief.
- Spirituality at end of life care.
- Supporting those that have experienced stillbirth and perinatal death.
- Supporting those bereaved by suicide.

Each short course will commence on the first Monday of the month.

Cost

- ACGB Members: \$295
- Non ACGB Members: \$345

For more information on group bookings, please email education@grief.org.au or call **1800 642 066**. Visit our website [grief.org.au](https://www.grief.org.au) to view upcoming webinars and purchase webinar recordings.

Subscribe to our ACGB weekly email newsletter to stay informed about the latest offers, events and access to grief and bereavement resources.



End-of-Life Essentials

Improve your confidence and care at the end of patients' lives

The End-of-Life Essentials team at Flinders University have ten free online learning modules to assist health professionals to increase their confidence in end of life care for patients.

Kindness, respect and interest in a patients' life story are important factors in end of life care and can make a huge difference by giving patients and their families the chance to talk and prepare for the end of their lives.

The End-of-Life Essentials project places an emphasis on the importance of health professionals recognising when end of life care could play a role, potentially years before the patient's death, and offers patients knowledge and choice at the end of their life.

No matter how skilled or inexperienced, there is the opportunity for staff to grow and learn more with self-reflection provided in each module.

The project also has a downloadable toolkit with a range of resources to assist with implementation of positive changes to improve the quality of end of life care at work.

For more information visit endoflifeessentials.com.au or email eolessentials@flinders.edu.au.



The Advance Project™

Specifically designed to support Australian GPs, general practice nurses and practice managers

The Advance Project™ is a free training program for GPs, general practice nurses and practice managers, to support a team-based approach to initiating advance care planning and palliative care in general practice. The project is led by HammondCare in collaboration with CareSearch and various health organisations and universities, and is funded by the Australian Government Department of Health.

The training program comprises:

- A practical evidence-based toolkit of resources for GPs, nurses, practice managers, patients and carers.
- Online training modules individually tailored to the different roles and learning needs of GPs, nurses and practice managers.
- Tele-mentoring from an experienced palliative care nurse.
- Support for implementing the resources into clinical practice.

The online training program is endorsed or accredited by the Australian Primary Health Care Nurses Association (APNA), the Royal Australian College of General Practitioners (RACGP), the Australian College of Rural and Remote Medicine (ACRRM) and the Australian Association of Practice Management (AAPM). The training counts towards your professions' Continuing Professional Development (CPD) requirements.

To register for online training and resources visit The Advance Project™ website theadvanceproject.com.au.



Palliative Care Western Australia

Palliative Care WA is the peak body for the palliative care sector across the state.

A member-based, not-for-profit organisation we work with the community, and with the palliative care, aged care and community service sectors to ensure access to quality palliative care services for all Western Australians.

Our membership includes professionals working in the palliative care, aged care and community sectors, organisations providing palliative care services, researchers, policy makers, allied health professionals and other members of the community who support our vision.

Our work

We work over three main areas:

- **Community education** - increasing awareness and understanding of palliative care and advance care planning.
- **Sector development** - encouraging and facilitating service commitment, best-practice, professional development and mutually beneficial sector-wide collaborations.
- **Advocacy** - providing an independent and collective voice for palliative care, always working to ensure quality services for all Western Australians with palliative care needs.

Key services

Our services for the sector and the community include:

- Sector forums and networking opportunities.
- National Palliative Care Week breakfast.
- Palliative Care WA Awards to acknowledge excellence in the sector.
- Advance care planning community education workshop program.
- The non-clinical Palliative Care Information and Support Line for the community.
- Community forums and resources.
- Sector-wide collaborative groups including the CEO Roundtable for Palliative Care and the Advance Care Planning Consortium.

Contact us

T: 1300 551 704

E: info@palliativecarewa.asn.au

W: palliativecarewa.asn.au



PalliativeCare
WESTERN AUSTRALIA

The Training Centre in Subacute Care (TRACS WA)

The Training Centre in Subacute Care (TRACS WA) is the WA health system's only training unit focused on subacute care. Subacute care services include: rehabilitation, geriatric evaluation and management, older adult mental health and palliative care.

TRACS WA offer short, free workshops to staff working in WA health, and at a modest cost for private services.

Our training covers:

- goals setting
- interprofessional team building
- evidence-based practice
- person centred care
- emotional wellbeing



From February 2021, TRACS WA will be offering training to subacute care clinicians around end of life care and the Goals of Patient Care (GoC) process.

Palliative and end of life care are not traditionally seen as part of subacute care, but increasingly clinicians are caring for individuals in their final stages of life when specialist palliative and end of life services are not available. Our goal is to support clinicians to deliver best-practice, person-centred, end of life care in hospital and community settings.

TRACS WA and PaSCE work collaboratively to provide professional development to enable clinicians to deliver excellence in end of life and palliative care.

Contact tracswa@health.wa.gov.au or visit our website subacuteecare.org.au for more information.



Government of **Western Australia**
Department of **Health**

TRACS WA
TRAIning Centre in Subacute Care

Information

Cancer Council Western Australia
www.cancerwa.asn.au

WA Cancer and Palliative Care Network
ww2.health.wa.gov.au/Articles/U_Z/WA-Cancer-and-Palliative-Care-Network

Department of Health WA; Advance health directives
ww2.health.wa.gov.au/Articles/A_E/All-about-Advance-Health-Directives

Advance Care Planning
www.advancecareplanning.org.au

Palliative Care WA
www.palliativecarewa.asn.au

Office of the Public Advocate
www.publicadvocate.wa.gov.au

Palliative Care Australia
www.palliativecare.org.au

National Rural Health Alliance Inc.
www.ruralhealth.org.au

Carers Australia
www.carersaustralia.com.au

Cancer Australia - Funded by the Australian Government
www.canceraustralia.gov.au

Guidelines for a Palliative Approach in Community Aged Care
www.health.gov.au/palliativecare

Guidelines for a Palliative Approach in Residential Aged Care
www.health.gov.au/palliativecare

Start2talk
www.dementia.org.au/planning-ahead
www.dementia.org.au/planning-ahead/health-professionals

My values
www.myvalues.org.au

Dying to talk
www.dyingtotalk.org.au

PCOC - Clinical Assessment and response
ahsri.uow.edu.au/pcoc/4clinicians/clinical-assessment-and-response/index.html

Advance Care Planning Resources - Health Professionals
www.cancerwa.asn.au/resources/2018-10-10-PaSCE-ACP-Resources-Health-Professionals.pdf

Advance Care Planning Resources - Patients
www.cancerwa.asn.au/resources/2018-10-10-PaSCE-ACP-Resources-Patients.pdf

Education

Palliative and Supportive Care Education (PaSCE)
www.cancerwa.asn.au/professionals/pasce
Online event registration: <https://bit.ly/pasce1>

CareSearch - Palliative care knowledge network
www.caresearch.com.au

Therapeutic Guidelines, Palliative Care, Version 4, 2016
'Independent evaluation of the evidence'
www.tg.org.au

End-of-Life Essentials
www.endoflifeessentials.com.au

PCC4U - Palliative Care Curriculum for Undergraduates
www.pcc4u.org

Centre for Palliative Care
www.centreforpallcare.org/page/95/professional-development

Australian Centre for Grief and Bereavement
www.grief.org.au

Advance Care Planning
www.advancecareplanning.org.au/resources/education-and-training

Advance care planning for nurses in general practice
www.caresearch.com.au/caresearch/tabid/4079/Default.aspx

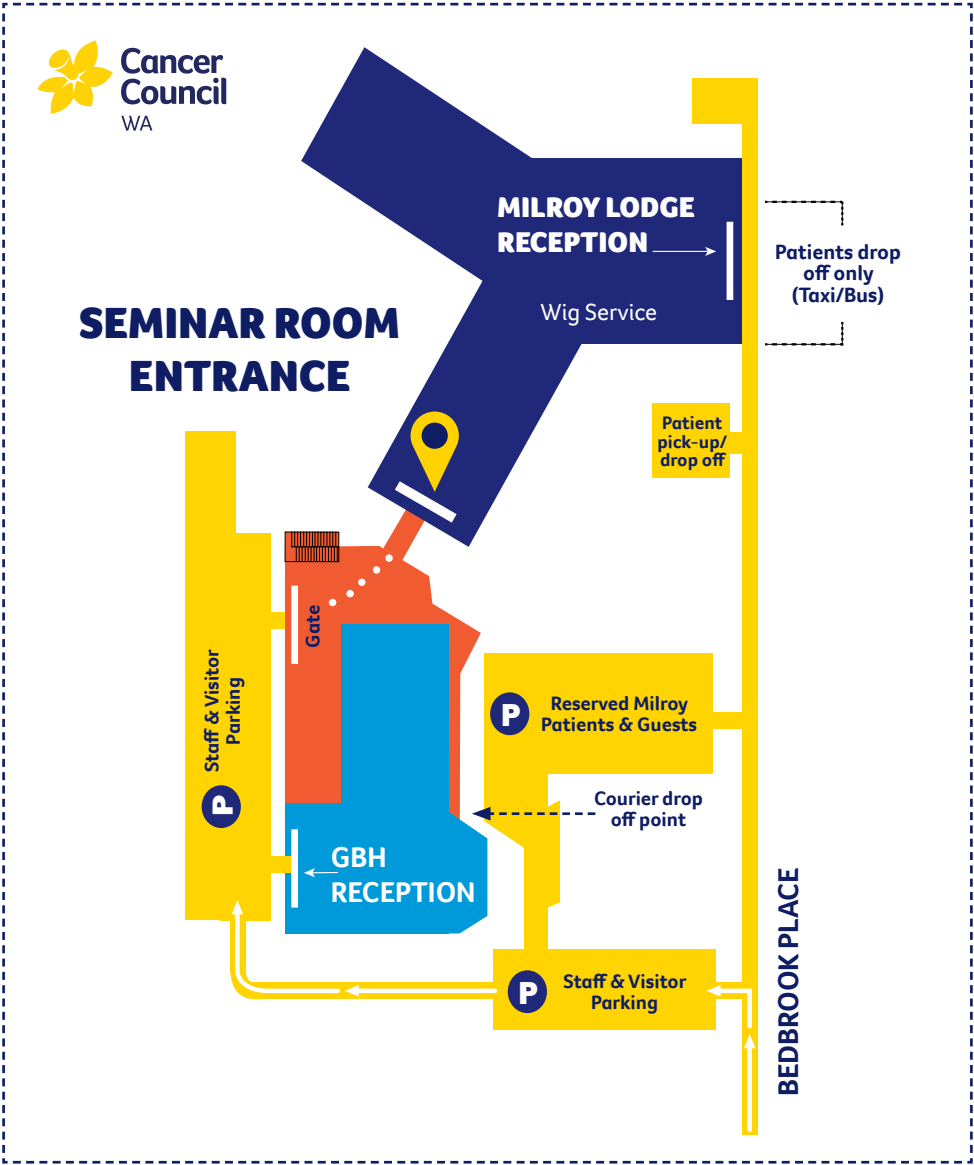
Cancer Australia
Cancer Learning is a portal of educational modules. It is self-directed learning packages for health professionals working in cancer care. Open to students and consumers.
www.cancerlearning.gov.au

PCOC - Palliative Care Outcomes Collaboration
ahsri.uow.edu.au/pcoc/4clinicians/essentials-course/index.html

ELDAC End of Life Direction for Aged Care
The ELDAC project aims to improve the care of older Australians - for all HP in Aged Care
www.eldac.com.au

Australian Indigenous HealthInfoNet
Supporting Aboriginal and Torres Strait Islander People at the end of life Health Infonet.
www.healthinfonyet.ecu.edu.au/learn/health-system/palliative-care

Getting to Cancer Council WA Seminar Room



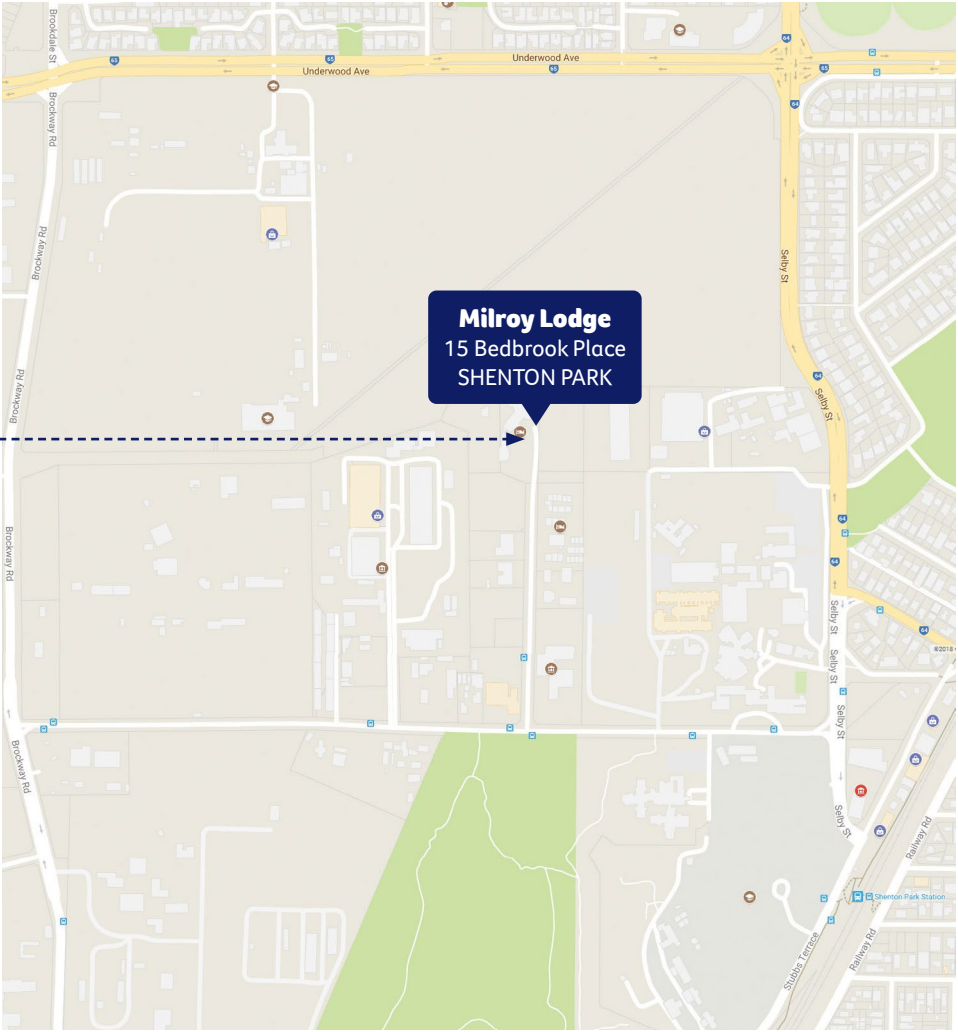
Cancer Council WA

Milroy Lodge - Shenton Park

Accommodation for country cancer patients

Phone: 08 9382 9333

Fax: 08 9382 9330





We're your compass through cancer.

We're here to help everyone affected by cancer by connecting you with a range of support services.



Cancer Council Western Australia

Palliative and Supportive Care Education

Level 1, 420 Bagot Road, Subiaco

T: 08 9382 9300 | F: 08 9212 4334 | E: pasce@cancerwa.asn.au

cancerwa.asn.au/professionals/pasce